

**Call the free National Advance Care
Planning Support Service™**

1300 208 582

advancecareplanning.org.au



**Advance Care
Planning Australia**

BE OPEN | BE READY | BE HEARD

Conversation starters

The most important things in my life



About me

Being able to ____ is the most important thing to me because ____ .

I was thinking about what happened to ____ and it made me realise ____ .

As part of my culture, values, and beliefs ____ is important to me because ____ .

About life

A good day for me is one where I ____ because ____ .

What I value and enjoy most in my life is ____ because ____ .

The most important things on my bucket list are ____ .

About health care

I would prefer to receive my health care at ____ because ____ .

When ____ happens I get worried about my health care because ____ .

I would want these people ____ included in discussions about my health.

About choices

An unacceptable health outcome for me would be ____ because ____ .

I would not want ____ treatments if there was little chance of recovery because ____ .

If I was choosing between quantity and quality of life, I would choose ____ because ____ .