

## The Questions That Matter Most: Video Discussion Questions

This activity is designed to facilitate attendee discussion about starting conversations with loved ones.

### Instructions

Play the 'The Questions That Matter Most' video, available on the ACPA website [advancecareplanning.org.au/campaign/questions-that-matter-most](https://advancecareplanning.org.au/campaign/questions-that-matter-most)

Below are some questions you can ask attendees after watching the video.

### Questions

1. How do you feel after watching the video?
2. Did you relate to any of the people in the video?
3. How confident would you be about making critical medical decisions for your loved one?
4. Have you written an Advance Care Directive or discussed your wishes with a loved one?
5. Do you think it's important to have a conversation with loved ones about your wishes?
6. Does this video inspire you to start a conversation with loved ones?
7. What (if anything) is stopping you from having these conversations with your loved ones?

### How can attendees find more information and support?

- More resources, information and free access to advance care planning forms in every state and territory can be found at [advancecareplanning.org.au](https://advancecareplanning.org.au)
- For free, personalised advance care planning advice direct attendees to the National Advisory Service 1300 208 582